



Welcome to the
4th Annual Texas State OA Convention
 Dallas, TX March 6-8th, 2026



**Only the GRAND SESSIONS are promised on Zoom. However, tune in throughout the day to hear the workshop sessions.
 Any workshops that are recorded will be available on txoaconvention.org**

Friday March 6, 2026

START	FINISH	ROOM	TYPE	TOPIC
8:00 AM	5:00 PM	Orchid / Camelia	Region III Reps	 Region III ASSEMBLY - Be in Seat by 7:45 AM Pls.
2:00 PM	11:45 PM	TBA	Hospitality	
2:00 PM	4:00 PM	Convention Area	SETUP CONVENTION - ALL WELCOME TO COME AND HELP!!	
3:00 PM	8:00 PM	Foyer	REGISTRATION OPEN & VOLUNTEER SIGN IN	
4:00 PM	5:00 PM	Lily	OA Meeting	Leaders Choice
5:00 PM	7:00 PM	DINNER ON YOUR OWN		
7:00 PM	9:00 PM	Ballroom	GRAND SESSION - <u>Virtual Access for Keynote Speaker</u>	

Saturday March 7, 2026 - MORNING

START	FINISH	ROOM	TYPE	TOPIC
7:00 AM	11:45 PM	TBA	Hospitality Room	
7:00 AM	6:30 PM	Rose	Raffle Baskets, Literature and Merchandise	
7:15 AM	7:45 AM	Lily	Interactive	Prayer and Meditation
8:00 AM	9:00 AM	Lily	Panel Discussion	From Isolation to Inclusion
8:00 AM	9:00 AM	Camelia	Topic Workshop	Getting Started- Action Plan
9:15 AM	10:15 AM	Orchid	Topic Workshop	Why I Stay: The Power of Long-Term "WE"
9:15 AM	11:30 AM	Lily	Topic Workshop - Extended Session	God as I Understand Him
9:15 AM	10:15 AM	Camelia	Topic Workshop	Emotional Sobriety: From Shame to Shared Hope
10:30 AM	11:30 AM	Orchid	Topic Workshop	The Urge to Purge: Bulimia's Phenomenon of Craving
10:30 AM	11:30 AM	Camelia	Topic Workshop	Becoming Whole Men In Recovery: Honesty, Surrender, and Brotherhood
11:30 AM	1:00 PM	LUNCH ON YOUR OWN		

Saturday March 7, 2026- AFTERNOON & EVENING

START	FINISH	ROOM	TYPE	TOPIC
1:00 PM	2:30 PM	Lily	Step Workshop	Step 10,11, and 12
1:00 PM	2:30 PM	Orchid	Topic Workshop	Service- Fellowship in Action
1:00 PM	2:30 PM	Camelia	Interactive	Moving Closer (Gentle Movement and 2-Way Conscious Contact)
2:45 PM	4:00 PM	Lily	Relapse Workshop	From Desperation to Transformation: WE are Reborn
2:45 PM	4:00 PM	Orchid	Topic Workshop	Traditions in Action
2:45 PM	4:00 PM	Camelia	Step Workshop	Steps 3 & 4: Deciding & Digging- Directions From the BB

START	FINISH	ROOM	TYPE	TOPIC
4:00 PM	6:00 PM	Free Time Note: Last chance to buy raffle basket tickets is 6:00pm.		

6:00 PM	7:00 PM	DINNER IN THE BALLROOM (included in Registration)		
7:00 PM	9:00 PM	Ballroom	GRAND SESSION - <u>Virtual Access for Keynote Speaker, Raffle Basket Drawing</u>	
9:00 PM	9:30 PM	Rose	Raffle Basket Pick up	
9:15 PM	10:15 PM	Ballroom	Entertainment	Dancing
9:30 PM	10:30 PM	Rose	OA Meeting	100-Pounder

2:00 AM  **REMINDER - CLOCKS MOVE FORWARD 1 HOUR TONIGHT!!** 

Sunday March 8, 2026- MORNING

START	FINISH	ROOM	TYPE	TOPIC
6:00 AM	9:00 AM	TBA	Hospitality Room	
7:00 AM	9:00 AM	Rose	Raffle Baskets (Last Minute Pick-up.)	
7:00 AM	8:00 AM	TBA	OA Meeting	Leaders Choice
9:30 AM	11:00 AM	Ballroom	GRAND SESSION CLOSING SESSION - <u>Virtual Access for Keynote Speaker</u>	

11:00 AM 12:00 PM Convention Break Down and Clean up - Please stay and help pack and load the vans.

PLEASE NOTE:
HOSPITALITY, RAFFLE BASKET ROOM, and MERCHANDISE SALES CLOSED DURING GRAND SESSIONS